



October 2026

WF High School

Lunch MENU

Available Daily;
Salad Bar
Deli Bar
Pizza Station
Burger Station
WG Bagel & RF
Cheese Sticks
LF Yogurt Parfaits
Sun Butter & Jelly
Variety of
Sandwiches
Variety of Fresh &
Cupped Fruit
Carrots/Celery
Sticks
1% Milk
Skim Milk
Chocolate Milk

All Lunches Must
Include Choice of:
Fruits and/or
Juice
And May Include:
1% Low-Fat Milk

All Sandwiches
are made with
Boars Head Meat

Powering
potential™

**Gluten Free Items
available please
ask your kitchen
for daily options**

MON	TUES	WED	THURS	FRI
LTO: Limited Time Offer				
5 Buffalo Max Sticks Crinkle Fries LTO: Southwest Crunch Burger Choice of Fresh Fruit, Juice & Milk	6 Chicken Quesadilla Black Beans LTO: Southwest Crunch Burger Choice of Fresh Fruit, Juice & Milk	7 Boneless Chicken Potato Bowl Homemade WG Breadstick LTO: Southwest Crunch Burger Steamed Carrots Choice of Fresh Fruit, Juice & Milk	1 Chicken Alfredo WG Dinner Roll Steamed Broccoli Choice of Fresh Fruit, Juice & Milk	2 Tater Tot Beef Nachos Steamed Cauliflower Choice of Fresh Fruit, Juice & Milk
12 School Closed Columbus Day	13 Max Sticks W/dipping Sauce Steamed Carrots Choice of Fresh Fruit, Juice & Milk	14 Mini Maple Pancakes Colby Cheese Omelet Spiral Fries Choice of Fresh Fruit, Juice & Milk	15 Honey Stung Chicken WG Biscuit Green Beans Choice of Fresh Fruit, Juice & Milk	16 Buffalo Chicken Mac & Cheese Roasted Broccoli Choice of Fresh Fruit, Juice & Milk
19 Orange Chili Glazed Boneless Chicken WG Rice Steamed Edamame Choice of Fresh Fruit, Juice & Milk	20 Mozzarella Sticks Roasted Carrots Choice of Fresh Fruit, Juice & Milk	21 Cheesy Lasagna Roll Homemade WG Breadstick Steamed Green Beans Choice of Fresh Fruit, Juice & Milk	22 Gourmet Jumbo Waffles Turkey Sausage Links Waffle Fries Choice of Fresh Fruit, Juice & Milk	23 Chicken Cheesesteak Steamed Broccoli Choice of Fresh Fruit, Juice & Milk
26 General Tso Chicken Yellow Rice Steamed Broccoli Choice of Fresh Fruit, Juice & Milk	27 Homemade Chicken Cutlet With Mashed Potatoes Steamed Green Beans Choice of Fresh Fruit, Juice & Milk	28 Mini Maple Pancakes Colby Cheese Omelet Sweet Potato Fries Choice of Fresh Fruit, Juice & Milk	29 Turkey Barbacoa with Corn Salsa Cilantro Rice Black Beans Choice of Fresh Fruit, Juice & Milk	30 Vegan Chicken Nuggets WG Dinner Roll Steamed Corn Choice of Fresh Fruit, Juice & Milk

Menus are subject to change.

Items with (P) may contain Pork
Assorted snack items are offered daily that fit within
the new Federal "Smart Snack" guidelines
Grades K-12 are Offer vs. Serve & must choose at
least 3 of the 5 options available daily

**All Homemade Chicken & Burgers
Are made with Fresh Meat**

aramark
STUDENT
NUTRITION

This institution is an equal opportunity provider.

